



Adult Social Care Provider Service Learning & Development Brochure

A variety of learning and development opportunities are available for you to access, provided by Walsall Council's,
Learning and Development Team

Introduction

Walsall Council Learning and Development Team provide a range of learning and Development opportunities for staff working in the social care sector across Walsall.

The aim being to empower people working across the sector to develop new skills and ensure currency of existing skills to enable them to continue providing high quality care and support to local people.

With few exceptions the training in this brochure is free of charge. However, where training is booked but not attended a cancellation charge is applied. Our charging policy is available at the point of booking.

Please note; these are open courses which means the courses will comprise individuals from a range of organisations across the Borough. If you would like a session solely for your organisation then this can be arranged but will be chargeable. Prices on request.

Please contact LearningandDevelopment@walsall.gov.uk for further information.

Safeguarding

Walsall Safeguarding Partnership provide multi-agency safeguarding related training with sessions being aligned to the multi-agency Competency Framework.

The training is suitable for professionals/volunteers from all agencies who work with children, young people and adults with care and support needs, their carers and families.



Walsall Safeguarding Partnership
Right for Children, Families and Adults

<https://go.walsall.gov.uk/walsall-safeguarding-partnership/>

Health and Safety in Social Care

**Accident
Reporting**

CoSHH

**Workplace
Risk
Assessment**

**Emergency
First Aid**

**Personal
Safety & Lone
Working**

**WORK
SAFETY**

**Food
Safety**

**Manual
Handling of
People**

**Hygiene &
Infection
Control**

Accident Reporting

Recognise what accidents/incidents are reportable to the HSE; Complete the required accident/incident form effectively; Investigate to the correct level any accident/incident that occurs in the workplace; identify root causes of accidents/incidents and avoid recurrence.

CoSHH

Recognise what is a hazardous substance / material; Understand a COSHH product data sheet; Recognise the effects on health; Use hazardous substances safely.

Emergency First Aid

This course provides a qualification to enable you to act as a first aider in the workplace under health & safety regulations.

Food Safety

You will learn about legal requirements, food safety hazards, temperature information and storage guidelines. It will also cover food handler responsibilities, how to prevent cross contamination, cleaning and high risk foods.

Hygiene & Infection Control

This course is for staff who have completed the CIEH/QNUK Level 2 Health & Safety in Health and Social care course and require the two/three yearly refresher.

Moving & Handling People Refresher

This is a refresher course for those who have to assist customers to move in a care environment/setting. Only those who have attended manual handling of people in the last 3 years can attend. Contents include how to identify the safer principles of manual handling of people; Demonstration of effective/correct methods for handling people who require assistance, either with or without the use of equipment; Understand the safety checks required on any equipment being used to assist people to move; Adhere to safe and best practice when using a hoist & sling to move a person.

Personal Safety & Lone Working

Ensure employees have the skills/knowledge to keep them safe when at work and their managers have suitable lone working procedures in place. It is for all employees (and their line managers) who are lone workers or who interact directly with the public/service users.

Workplace Risk Assessment

This course is for those with responsibility for completing formal risk assessments in the workplace.

Mental Health First Aid Aware (MHFA) Half day

For all members of Walsall's adult social care workforce to gain a wider understanding, for themselves and others, of some issues surrounding mental health, how and why positive and negative mental health affects businesses and to work more effectively with people experiencing mental health issues.

The session will cover; identifying the discrimination surrounding mental health issues; define mental health & some mental health issues; relate to people's experiences; help support people with mental health issues; begin developing a business case for promoting positive mental health in the workplace and look after your own mental health.

Mental Health First Aid Refresher

For anyone who has completed the 2-day MHFA training previously

*** due to changes the MHFA certificates now expire after 3 years and need to be refreshed in order to still be a mental health first aider *** By the end of the session you will have refreshed your knowledge of; Mental health and what influences it; How to recognise the main signs of mental ill health; How to provide initial help; How to guide the person to appropriate professional help and how to be mindful of your own wellbeing.

Mental Health First aid for Adults

Developed by MHFA England, this course gives you a qualification as a Mental Health First Aider.

- You will gain a deep understanding of what mental health is, the factors that contribute to mental illness and learn how to improve your own health and wellbeing. Moving through the sessions you will gain a good understanding of common mental health conditions, be able to recognise the warning signs and learn **practical skills** to have **the confidence to step in** and support a person who may need assistance.

Becoming a mental health first aider (MHFA) won't teach you to be a counsellor or therapist, but it will teach you to listen, reassure and respond, in a crisis – and even potentially stop a crisis from happening. You will also learn how to empower someone to access the support they might need and what that support might look like for recovery or successful management of symptoms. This is a MHFA England accredited course and is split over 4 days and lasts 16 hours in total; which will be split between live webinars and self-directed learning on a MHFA online platform. Webinars will start at approx. 10.00am and you must attend all 4. There is no test or exam with ongoing discussions and activities being used for accreditation.

Youth Mental Health First Aid (MHFA)

Youth Mental Health First Aid (MHFA) courses are for everyone who works with, lives with or supports young people aged 8-18. They will teach you the skills and confidence to spot the signs of mental health issues in a young person, offer first aid and guide them towards the support they need. In doing so, you can speed up a young person's recovery and stop a mental health issue from getting worse.

We also aim to give you the information and skills to look after your own mental health so that you can set an example for young people. By giving you the tools to have these conversations, we hope to empower you to create a mentally healthy, supportive environment in your family, school, peer group or community.

Suicide First Aid

This 1- day training course teaches suicide intervention skills.

The course has been accredited by City & Guilds of London. Upon completion of the training participants have the option to complete the level 4 qualification.

It is for anyone who seeks greater understanding and confidence to intervene with people at risk of suicide. The programme teaches and practices the skills and knowledge needed to identify someone who may be thinking about suicide and competently intervene to help create suicide-safety as a first aid approach.

Resilience and Me

Want to look at personal resilience and gain some tips and ideas for building a Resilience toolkit? What makes up resilience? Behaviours and techniques for maintaining Resilience, Emotional intelligence. How our traits might impact our resilience and circle of control vs circle of influence.

Modern Slavery & Human Trafficking

- Modern slavery is the exploitation of people in order to make money -
- It's a safeguarding issue!
- This session is aimed at raising your awareness of modern slavery and human trafficking and to help you recognise how to identify and report concerns.

Autism Around Us



This 2.5 hour introductory session will provide you with information about 'Autism Spectrum Disorder' (ASD) including definition, behavioural traits and characteristics and how someone with a diagnosis may react to the world around them. You will gain valuable insight into Autism through the sharing of personal experience. The session will also equip you with useful tips and techniques on adapting communication style and how to minimise unhelpful approaches to everyday situations in and out of the workplace.



Useful Training Links



<https://www.skillsforcare.org.uk/Careers-in-care/Think-Care-Careers.aspx>



Health and social care e-learning resources designed for care providers, which have been produced for frontline staff by subject experts and digital design professionals.

<https://www.scie.org.uk/e-learning/care-providers>



Compliance training

<https://cqc-compliance.com/cqc-training-events/>

Produced by Walsall Council Learning and Development Team

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<http://www.walsallsocialcareworkforce.co.uk>



Walsall Council