### Multiple Intelligences

The theory of multiple intelligences was developed in 1983 by Dr. Howard Gardner and suggests that the traditional notion of intelligence, based on I.Q. testing, is far too limited. Instead, Gardner proposes eight different intelligences to account for a broader range of learning style preferences and abilities. The intelligences are as follows:

**Verbal-Linguistic**

Well developed verbal skills and sensitivity to the sounds, meanings and rhythms of words

**Mathematical-Logical**

The ability to think conceptually and abstractly and capacity to discern logical or numerical patterns

**Musical**

The ability to produce and appreciate rhythm, pitch and tone

**Visual-Spatial**

The capacity to think in images and pictures, to visualize accurately and abstractly

**Bodily-Kinaesthetic**

The ability to control body movements and to handle objects skilfully

**Interpersonal**

The capacity to detect and respond appropriately to the moods, motivations and desires of others.

**Intrapersonal**

The capacity to be self-aware and in tune with inner feelings, values, beliefs and thinking processes